



Upcoming Events and Calendar Dates

Monday, January 11th - January 24th

- Virtual Scholastic Book Fair ~ website below!
<https://www.scholastic.com/bf/vernonelementaryschool4>

Wednesday, January 27th

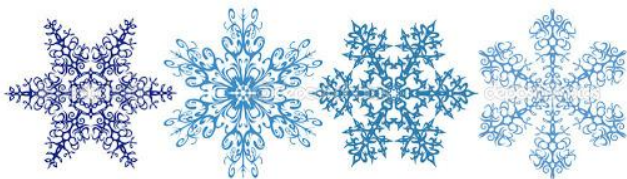
- BookBag pick-up 12:00-4:00 ~ last names O-Z
Side door at Vernon near the Vernon Garden!

Thursday, January 28th

- Principal's Virtual Coffee Hour 10:00AM
meet.google.com/vnq-aouk-vpp
phone number: 612-404-0718. PIN: 375 579 737#

Friday, January 29th

- NO SCHOOL - Teacher Planning Day



Box Tops For Education

Thank you to the loyal supporters of PTA's Box Tops program! We encourage all families to download the app, scan the receipts, and earn money for Vernon School. Each coupon is worth just 10 cents, but those dimes quickly turn to dollars and are used for the benefit of Vernon students.

Information on how to download the Box Tops app and scan receipts is included in this issue.

Old paper coupons (check date code) can still be sent to Vernon School and will also count.

Parent Workshop on Racism in Oregon History

The Humanities Department is offering a virtual workshop in collaboration with the Oregon Historical Society designed to help parents understand how both racism and justice are at the heart of Oregon's history and are crucial to our ability to build a better future. Tune in live via Comcast channel 28 or via zoom link. The zoom link will be provided upon registration the week of the workshop.

Interpretation is available upon request.

- Wednesday, January 27, 2021 (4:00 pm-6:00 pm) - English with interpretation
- [Flyer](#) | [Español](#) | [Tiếng Việt](#) | [中文](#) | [Soomaali](#) | [Русский](#)
- [Registration link](#)

Jennifer Hernandez, Assistant Director, Humanities,
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EARN CASH FOR YOUR SCHOOL

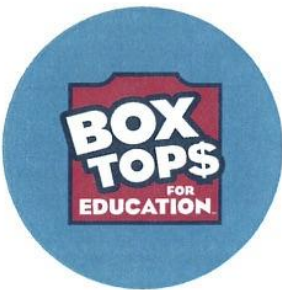
LITTLE BY LITTLE WE CAN MAKE A BIG DIFFERENCE.

The Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to your school's earnings online.

LOOK FOR THE LABEL:



HERE'S HOW IT WORKS:



BUY BOX TOPS PRODUCTS

You can find Box Tops on hundreds of products throughout the store.



SCAN YOUR RECEIPT

Use the app to snap a photo of your receipt within 14 days of purchase.



EARN CASH FOR YOUR SCHOOL

Box Tops earnings are identified and automatically updated online.

SHOPPING FOR GROCERIES ONLINE?

You can still earn Box Tops for your school with your e-receipt!
See how at [BTFE.com/emailgroceryreceipts](https://www.btfef.com/emailgroceryreceipts)



BOX TOPS CLIPS

You may occasionally find an old Box Tops clip on packages in stores. **You can still clip them and send them to school**, as long as each clip has a valid expiration date.

SEE PRODUCTS & LEARN MORE ABOUT THE BOX TOPS APP AT [BTFE.COM](https://www.btfef.com)

DON'T HAVE THE BOX TOPS APP YET? DOWNLOAD IT NOW:





Counselor Corner

[Counselor Website](#)



3 Ways to Feel Happier

1. Gratitude

Think of what you're thankful for. Practice remembering and discovering what you're grateful for and savoring this feeling.

[Share what you are grateful for](#)



2. Breathe

Take a moment to feel your breath, slow down, pay attention.



3. Be kind to yourself

Practice self-compassion. Befriend yourself and fill up your own cup by doing things that give back to you and bring you joy.



Contact Information:

Ms. Hanna (K-3): hallen@pps.net
[Appointment Request](#) (971) 378-0424

Ms. Shannon (4-8): snicolas@pps.net
[Appointment Request](#) (503) 308-9546

Ms. Hanna's Office Hours

KG- 3rd Grades: **Tuesdays 8-8:30am**
Thursdays 1:30-2:30pm
[counselorhannaofficehours](#)

Ms. Shannon's Support Times

4th & 5th: **Mondays 1:15-2pm**
[msshannonoffice4-5](#)

Weekly Mindfulness with Ms. Hanna

Tuesdays 8:30am & Thursdays 2:30pm
[Weekly Mindfulness](#)

"Struggle is Real" MYP Study Support:
Tuesdays, Wednesdays, Fridays at 2-3pm

[vernonsupport](#)

Social Emotional Learning Journal

Pick up your K-5 Journal with you library books on Wednesdays at Vernon. Extra guidance can be found on our [Counselors Website](#)

Wings of Freedom (QSA)

Wings is a student-run group that unites LGBTQIA+ and allied youth to build community and organize around issues impacting them in their schools and communities.

3-5 Wings of Freedom: Wednesdays @ 3:15-3:45pm code: [wings3-5](#)

6-8 Wings of Freedom: Fridays @ 11:45-12:15 code: [vernonwings](#)

Limit Setting

What is Limit Setting?

Limit setting is a tool to use to help encourage positive behavior, avoid power struggles as well as help prevent students from reaching peak behaviors or major crisis. The purpose of limit setting is to teach expectations, by offering choices and consequences

How to use Limit Setting

- Set limits ahead of time
- Limits should be
 - **Clear**
 - **Simple**
 - **Reasonable** and
 - **Enforceable.**
- A limit should inform students on what is **allowed** rather than what they **should** do, to help teach self-discipline
- Once the limit is set, follow through with it by enforcing the consequence

“The wall is not for coloring. You can choose to color on your paper instead. If you choose to color on the wall you are choosing not to color.”

Quick tips for Limit Setting

- Avoid making threats and/or giving ultimatums
- Choose a consequence that you can immediately enforce
- Be aware of your own emotions or reactions before setting a limit
- Be mindful of your tone and volume of your voice
- Keep limits positive
- Give choices

Remember!

Setting limits is not used as a tool to punish your student. It should be used to encourage and teach them to make positive choices and engage in expected behavior. Students may test your limits, so following through is important in helping establish those boundaries.



Click here for more information on limit setting at Home.



Click here to explore more tips and ideas on Limit Setting

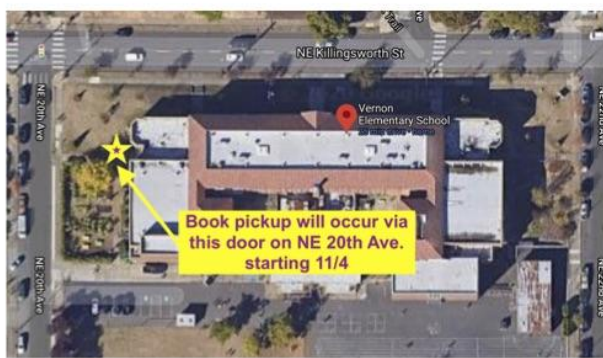
Library Updates

Friday, January 8, 2021



Let's Get Reading! Update

Let's Get Reading! book bag distribution will continue through the month of January. Please see the attached calendar for current pick up dates. As a reminder, distribution continues from the door at the northwest corner of our school building. When you arrive at the school, please remember to wear a face covering and maintain physical distancing.



Library Book Return

PPS is in the process of sending notices to families of students with books still checked out in their name prior to our closure in March 2020. These notices do not include any books received via the *Let's Get Reading!* bags. If you locate missing library books at home, you are welcome to return them to the school at our next book bag distribution on Wednesdays. Please contact Mrs. Wilkins with any questions about overdue books.

MYP Library Assignments

As we approach the end of the quarter later this month, now is an excellent time to review your child's assignment completion in Canvas. Please note that students need to complete at least four (4) weekly activity logs to earn a grade of Pass for their library course grade in Quarter 2. If students are not able to complete the required number of logs, their report card will reflect "no grade."

Vernon Book Club

We continue to offer weekly book club meetings for each grade level, and all students are welcome to join us at any time.

Students in grades K-2 are welcome to join us on Tuesdays from 2:15-2:45. We'll have a chance to share books we are reading, and also to hear a story or two.

In grades 3-5 we continue to enjoy a variety of books, including some titles from the OBOB and Reading is Resistance book lists. Students are completing their work with *El Deafo* by CeCe Bell. Starting in February, we will begin reading *Dragons in a Bag* by Zetta Elliott. We'd love you to join us for our weekly meetings on Thursdays at 3:30-4:15!

MYP students are meeting for a weekly book club on Thursday mornings from 8:45-9:30. Currently, we are reading *The Justice Project* by Michael Betcherman. It's not too late to join us if you would like to participate!

Virtual Book Fair – January 11-24



Over the next two weeks, families will have the opportunity to shop a "virtual book fair." Purchased items may be shipped to your home, and our school gets credit we can use to purchase additional books for student use. To browse the selection of books offered, please visit the link below.

Book fair link: <https://www.scholastic.com/bf/vernonelementaryschool4>

Scholastic offers free shipping to your home on orders over \$25. If you choose to purchase posters, pencils, etc., the website will void the free shipping for books. It's recommended that you purchase books and other items on separate transactions so you can enjoy free shipping for as many items as possible.

Vernon Library Calendar

January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Jan. 4 Week 14 Library Activities Posted in SeeSaw (K-5) and Canvas (6-8)	5 K-2 Library Office Hours and Book Club 2:15-2:45 PM	6 Reading Bag Pickup Last Names O-Z 12-4 PM	7 6-8 Book Club from 8:45 - 9:30 6-8 Library Office Hours 1:00-1:30 PM 3-5 Vernon Book Club from 3:30 - 4:15	8 6-8 Library Office Hours 8:45 - 9:00 AM 3-5 Library Office Hours 11-11:30 AM
11	12	13	14	15
VIRTUAL BOOK FAIR – JAN. 11-24				
Week 15 Library Activities Posted in SeeSaw (K-5) and Canvas (6-8)	K-2 Library Office Hours and Book Club 2:15-2:45 PM	Reading Bag Pickup Last Names A-G 12-4 PM	6-8 Book Club from 8:45 - 9:30 6-8 Library Office Hours 1:00-1:30 PM 3-5 Vernon Book Club from 3:30 - 4:15	6-8 Library Office Hours 8:45 - 9:00 AM 3-5 Library Office Hours 11-11:30 AM
18	19	20	21	22
VIRTUAL BOOK FAIR – JAN. 11-24				
Holiday No School for students	Week 16 Library Activities Posted in SeeSaw (K-5) and Canvas (6-8) K-2 Library Office Hours and Book Club 2:15-2:45 PM	Reading Bag Pickup Last Names H-N 12-4PM	6-8 Book Club from 8:45 - 9:30 6-8 Library Office Hours 1:00-1:30 PM 3-5 Book Club from 3:30 - 4:15	6-8 Library Office Hours 8:45 - 9:00 AM 3-5 Library Office Hours 11-11:30 AM
25 Week 17 Library Activities Posted in SeeSaw (K-5) and Canvas (6-8) Last day to submit Quarter 2 assignments	26 K-2 Library Office Hours and Book Club 2:15-2:45 PM	27 Reading Bag Pickup Last Names O-Z 12-4PM	28 6-8 Book Club from 8:45 - 9:30 6-8 Library Office Hours 1:00-1:30 PM 3-5 Book Club from 3:30 - 4:15	29 Grading Day No School for Students

Office Hour & Book Club Links

K-2 Office Hours and Book Club Link: meet.google.com/lookup/wilkinsK-2

3-5 Office Hours and Book Club Link: meet.google.com/lookup/wilkins3-5

6-8 Office Hours and Book Club Link: meet.google.com/lookup/wilkins6-8